

Welcome to the Clean Air OC Coalition Newsletter



In This Newsletter You Will Find:

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- And More!





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Clean Air OC Coalition Meetings

As the north transitioned into the Fall season, Clean Air OC was also making its own internal transitions. We are happy to announce we have new Community Engagement Agreement recipients (CEAs), a new intern, and we have a new schedule for our Clean Air OC Coalition Meetings! The schedule is as follows:

The 3rd Monday of every month @ 4pm-5:30pm

- October 21st (past)
- November 18th
- December 16th

We will be using this time to give our CEAs space to give updates on their activities, as a workgroup to discuss policy strategies, as a think tank for our Tobacco Advocacy Day event, and more! Contact Ana (ana.marson@lgbtqcenteroc.org) or Dimond (dimond.garcia@lgbtqcenteroc.org) to join our meetings!

INTRODUCING OUR CEAS

*Hi! I'm
Emery
(they/them),*



and I'm thrilled to be a part of Clean Air OC. I'm passionate about my community and helping people live healthier, happier lives.

I'm so excited to join a cause that is committed to creating healthy communities for all.



INTRODUCING OUR CEAS

Meet UndocuScholars



UndocuScholars LLC is a culturally focused organization dedicated to transforming educational institutions to better support undocumented students and their allies. Rooted in anthropological principles, their approach blends a deep understanding of cultural diversity with actionable strategies designed to foster inclusivity and equity in education.



INTRODUCING OUR CEAS

HELLO, I'M CONNNERY
AND MY PRONOUNS ARE SHEIHER!



I am passionate about and trained in entertainment lighting and production. I have been very interested in working more with my community, and when I heard about Clean Air OC I was immediately eager to learn more. I'm so excited to broaden my skillsets and learn more by working on this [project].



INTRODUCING OUR INTERN

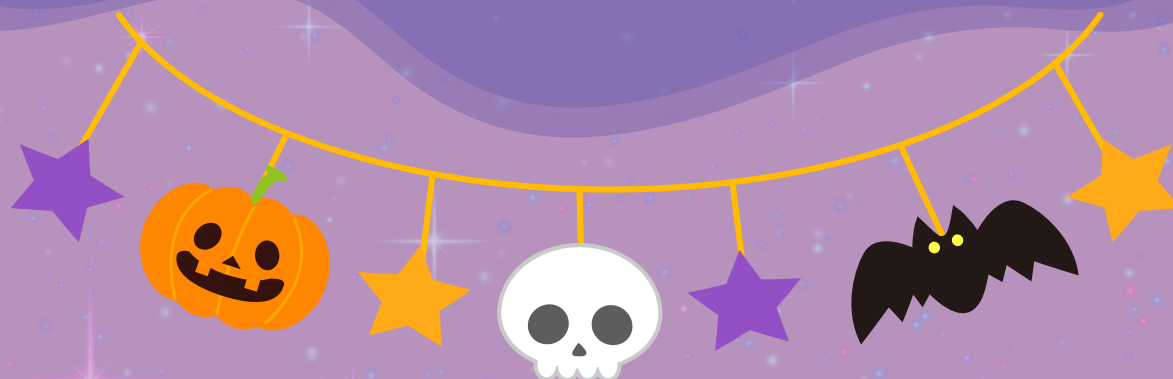


*Hi! I'm Alexa
(she/her),*

about making a difference in peoples lives and health education.



I am super excited to be apart of Clean Air OC as the Health and Wellness Intern! I am passionate



October 2024

“NICOTINE POUCH SALES IN THE UNITED STATES HAVE EXPLODED”

AUGUST 2024
SOURCE: LINK



Nicotine pouches have become extremely popular in the last 10 years, with sales in the United States skyrocketing “since 2016, going from 6 million sold to 334 million by 2023, with Zyn leading the charge.” Zyn is the most popular brand; other brands include On!, Velo, and Lucy.

Since 2010, American youth have been using flavored tobacco products more than ever, which led a new generation normalizing the use tobacco products. In 2023, 1.1% of high schoolers in California were using nicotine pouches, but with the ability to be discreet and the new flavors that are coming out, that number is projected to rise in coming years.

One common misconception around nicotine pouches is that they are better for you than using cigarettes and vapes or serve as nicotine replacement therapy. They are just as addictive as any other source of nicotine. “Banning the sale of all commercial tobacco products is the single best way to curb commercial tobacco product use across all generations.”



LGBT+ YOUTH SMOKE AND VAPE MORE THAN THEIR PEERS



July 2024

Source: [Link](#)

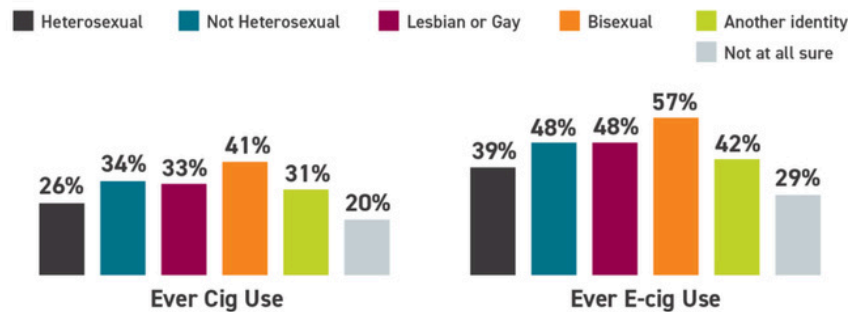


Truth Initiative examined data from their ongoing Truth Longitudinal Cohort study that included 6,122 young people ages 15 to 31 surveyed between July 2021 and October 2021 regarding their sexual orientation, gender identity, and use of cigarettes and e-cigarettes.

THE RESEARCH

Through the Truth Initiatives research, they found that the harassment and discrimination of LGBT+ individuals increases stress and leads to higher prevalence of tobacco use in comparison to non LGBT+ individuals. It was found that LGBT+ young people have both a higher vaping prevalence and a higher cigarette prevalence.

Ever Tobacco Use by Sexual Orientation



THE BOTTOM LINE

Nicotine usage can increase depression, anxiety and overall stress levels, affecting mental health. Many LGBT+ young people struggle with mental health, so decreasing nicotine use can help decrease mental health burdens. Having more representation in health education campaigns, addressing mental health concerns when quitting nicotine and conducting more research around LGBT+ communities and tobacco usage can all help decrease tobacco use among LGBT+ young people.

THE FINDINGS

Bisexual young people are most likely to use tobacco products than their heterosexual and other sexual orientation peers. It was also found that non cisgender young people had a higher prevalence of ever using cigarettes (33% vs. 27%) and e-cigarettes (49% vs. 40%) than cisgendered peers.

We Invite you to **JOIN**



Join the CAOC Coalition today to start
advocating for a cleaner tomorrow

Monthly
Virtual Meetings

REGISTER NOW!!



More Information :
714.953.5428 x 2618
@cleanairoccoalition





Cypress and La Palma residents!

Support Clean Air OC's effort to create **smoke-free** recreational and non-recreational public spaces and multi-unit housing.

Sign

Our Petition

<https://cleanairoc.org/policy/>

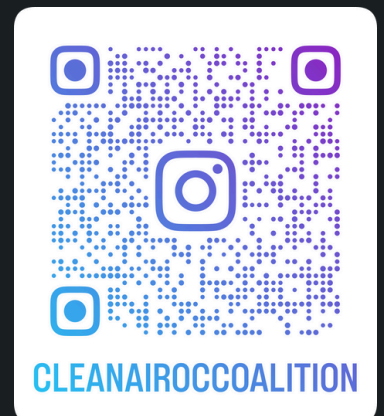


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Stay updated with our latest events!



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