

Welcome to the
Clean Air OC
Coalition *Special Edition*



**In This Newsletter
Expect a BIG:**

*Thank
You*



SEE
WHAT'S
INSIDE



Inclusive Thanks

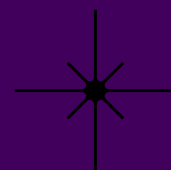
GRATEFUL FOR YOUR SUPPORT AT OUR *BRUSHING ASIDE* TOBACCO EVENT

Date: 6/07/24 Time: 6:30pm

Location: Cypress Community Center



For more info, visit cleanairoc.org



Brushing Aside Tobacco: Painting A Brighter Future

The "Brushing Aside Tobacco: Painting A Brighter Future" event, held on June 7th, was a vibrant and impactful celebration as part of World No Tobacco Day. The event featured a variety of engaging activities and highlighted the importance of tobacco control through art and education.

A cornerstone of the evening was the educational discussion panel, which brought together experts and advocates to discuss the latest in tobacco control efforts. The panel was highly engaging, providing valuable insights and fostering a lively dialogue on the challenges and strategies for reducing tobacco use in our community.

Members of the LGBTQ Center OC's SUP Coalition contributed original poem compositions, delivering powerful and heartfelt messages about personal experiences, as well as societal impacts of tobacco use. Their creative expressions added a unique and emotional dimension to the event

Despite the inherent challenges of hosting an educational event on a Friday night, the event successfully attracted a dedicated and enthusiastic audience. The difficulty of drawing people to such an event was met with creative solutions and a welcoming atmosphere that kept attendees engaged throughout the evening

The event showcased an amazing Youth Art Exhibit, created by the SUP Coalition, each depicting themes related to tobacco control and a healthier future. Fun activities, including a scavenger hunt and a tobacco product waste count engagement piece, provided interactive and educational experiences for attendees of all ages. These activities not only entertained but also educated participants about the environmental and health impacts of tobacco use.

A highlight of the event was the presence of a Cypress City Council member, who attended to show support for our cause. Their participation underscored the importance of community and governmental support in the fight against tobacco use.

"Brushing Aside Tobacco: Painting A Brighter Future" was a resounding success, combining education, art, and community engagement to promote a tobacco-free future. The event's diverse activities and strong turnout demonstrate the power of creativity and collaboration in advancing public health initiatives.



THANK YOU FOR JOINING US!



Your presence at our World No Tobacco Day event means the world to us.

We appreciate your support and look forward to seeing you all again soon.

Thank you!

To our Sponsors and Partners:

- Out Against Big Tobacco--LA
- LA LGBTQ Chamber of Commerce
- Massage Envy
- Island Glow Esthetics

Thank you!

To our Panelists and Guests:

- Victoria Van Twist, TUPP
- Langting Sizemore, 1-866-NewLung
- Mikey Vibal, LGBTQ+ Artist/ Advocate
- Ashley Varner, OUTLoud Sports OC
- Raven Etzelsberger, SUP Coalition
- Ceci Balagot, Cypress Pride/ Actor

We Appreciate You!



KICK IT California

The 3 Key Steps

1 Check in Daily

How are you doing today? Identify your triggers.

2 Build a Quit Plan

3 Track Progress

Money saved, log days, earn badges.

Kick It Quit App

Free, customizable quit plan, progress tracker, and craving help to quit smoking or vaping. Access clinically proven behavior change strategies -- kick tobacco & nicotine for good.



Call Now

Working with a Kick It California Quit Coach can double your chances of quitting. Their coaches will start by learning about your specific situation and then help guide you through the three key steps.

800-300-8086

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Sign up to schedule your call. KIC help you create a personalized Quit Plan to double your chances of quitting for good.

Sign Up

Text Program

Set your quit date and start receiving messages at critical times in your quit journey. Text KIC questions and a Quit Coach will respond.

“Quit Smoking”
to 66819

“Quit Vaping”
to 66819

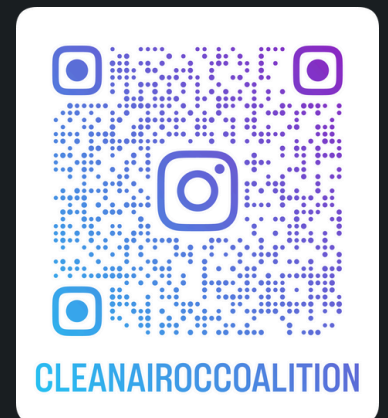


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Stay updated with our latest events!



We Invite you to **JOIN**



Join the CAOC Coalition today to start
advocating for a cleaner tomorrow

Monthly
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More Information :
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